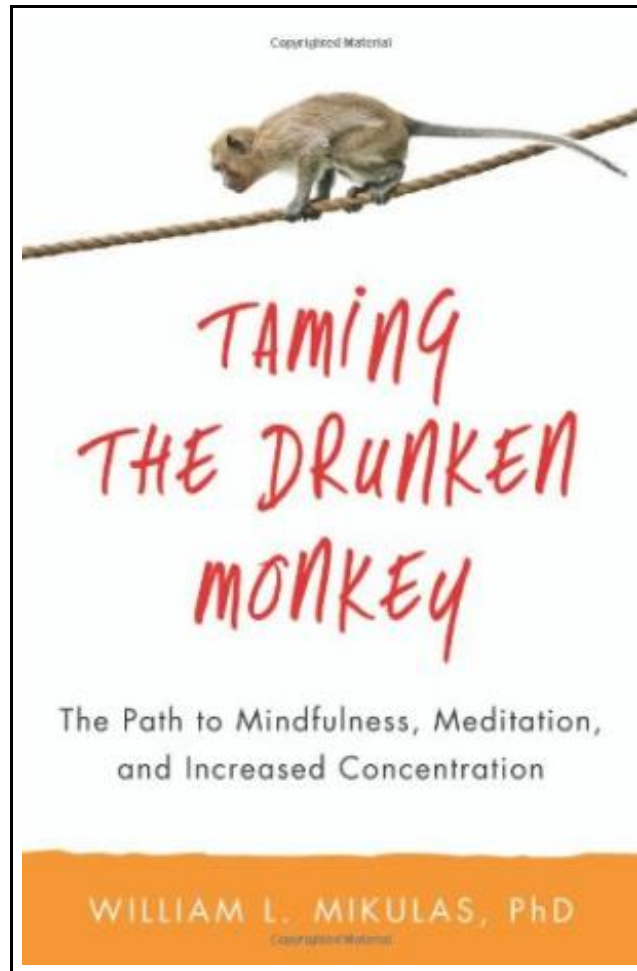


Taming the Drunken Monkey: The Path to Mindfulness, Meditation, and Increased Concentration



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Reviews

Complete guide! Its such a great study. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.
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