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## Hypnotherapy Foundation Course: The Students Introduction to Hypnotherapy

By Georges Philips

Georges Philips. Paperback. Book Condition: New. Paperback. 134 pages. The Hypnotherapy Foundation Course is written for the prospective student of hypnotherapy considering hypnotherapy as a profession and those who seek to expand their understanding of the subject. The course consists of 5 self-study modules which will guide you through your task of gaining an overview of the principles and practice of hypnotherapy. The content and a brief description of each module is given below. **MODULE 1** What is hypnotherapy This module defines the subject and will provide you with some background information about the nature of the topic. Module 1 contains the following sections: What is hypnosis Everyday forms of trance Misconceptions about hypnosis Trance phenomena A potted history of hypnosis **MODULE 2** The hypnotherapist This module examines the work and the role of the hypnotherapist. Module 2 contains the following sections: The unconscious mind What is a hypnotherapist Clinical hypnotherapy Analytical hypnotherapy **MODULE 3** Therapeutic techniques This module introduces the principal hypnotic techniques which are employed by the hypnotherapist when treating clients. Module 3 contains the following sections: Eliciting client information Trance-induction Self-hypnosis Therapeutic suggestion Therapeutic metaphor **MODULE 4** Counselling techniques This module introduces the general counselling techniques which are employed by the hypnotherapist when treating clients. Module 4 contains the following sections: Belief restructuring Stress

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-- **Mr. Kevin Herzog**

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## Other Books



### **The Day I Forgot to Pray**

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in. Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she makes her first school-aged friend, Elizabeth, and...



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### **DK Readers Day at Greenhill Farm Level 1 Beginning to Read**

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in. This Level 1 book is appropriate for children who are just beginning to read. When the rooster crows, Greenhill Farm springs to life. Join the ducklings, cows, and...



### **Too Old for Motor Racing: A Short Story in Case I Didn't Live Long Enough to Finish Writing a Longer One**

Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. We all have dreams of what we want to do and who we want to become. Many of us eventually decide it is too late; we have missed...



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Petrucci Library Press. Paperback. Book Condition: New. Paperback. 26 pages. Dimensions: 9.7in. x 6.9in. x 0.3in. Percy Grainger, like his contemporary Bela Bartok, was intensely interested in folk music and became a member of the English Folk-Song Society soon after his arrival in...



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