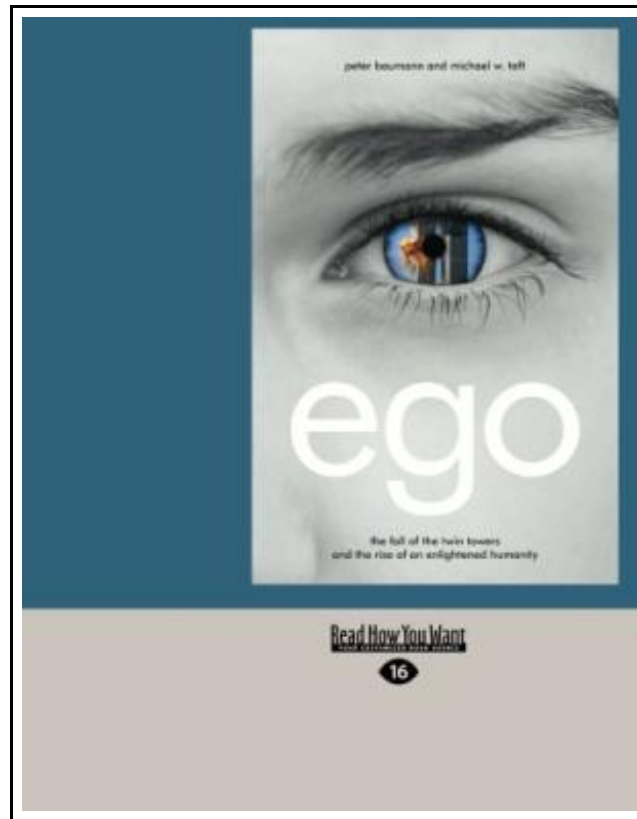


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ReadHowYouWant.com Ltd. Paperback. Book Condition: New. Paperback. 352 pages. Dimensions: 10.0in. x 7.8in. x 0.8in. Baumann and Taft skillfully weave eyewitness accounts of 9/11 with insights from evolutionary theory, neuroscientific studies on brain plasticity and emotion, genetics, and other new areas of research. I highly recommend this book to all who are interested in how science can help in understanding both the human capacity for horrific action and the clear reasons for optimism about our collective future. Alfred W. Kaszniak, Ph. D. , Professor of Psychology, Neurology and Psychiatry, University of Arizona. *Ego: The Fall of the Twin Towers and the Rise of a New Humanity* by Peter Baumann and Michael W. Taft is the first book to explore the positive evolutionary potential hidden in one of the most destructive events in history. In their examination of the evolutionary implications of 9/11 and its aftermath, the authors contend we are not falling into the grip of a new dark age at all, rather we are on the verge of a much brighter one as the Darwinian process of natural selection continues to advance humankind. The authors inquiry led them to the root of human suffering: the ego. That the ego underlies our problems as a species may come as no surprise. But a deeper look into the ego's origin and history is full of unexpected revelations: The modern human is dominated by a Stone Age brain. Energy consumption and the environmental crisis is nothing more than the evolutionary drive to survive gone haywire. Evolution has wired us to be riveted to bad news, bad outcomes, and worst - case scenarios. When beliefs are challenged it triggers a life or death stance in the human nervous system. Emotions are mostly physical, not mental. The self we identify with along with its biases...



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