



Poems of Shadows and Light: A Wellness Community Collection

By -

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 84 pages. Dimensions: 8.8in. x 6.0in. x 0.4in. This inspiring, interesting, moving and sometimes funny collection of poems comes from a group of friends meeting weekly to write about their encounters with cancer and with life. Sometimes all the structures we have relied on are taken away by pain and change; poetry can give us the chance to restructure things. In this book, a weaver launches her dreams into the treetops, an artist tackles a villanelle in his scanning chamber, a research chemist describes his chemotherapy in measured stanzas, an engineer writes of her widows grief. A photographer records the details of beauty, an English teacher plays with form and rhyme, a counselor writes of unwrapping her new self. A mother undergoing surgery speaks to her daughter, an executive imagines the family supper table without him. A woman's visits to Poland and Canada give perspective on her origins and current life. As you will see from the poems in this book, a cancer diagnosis is not just numbers, and it is not just loss. This item ships from La Vergne, TN. Paperback.



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Absolutely essential study book. It is loaded with wisdom and knowledge I found out this ebook from my i and dad suggested this ebook to understand.

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