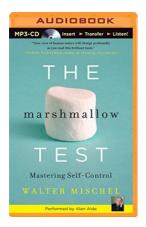
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THE MARSHMALLOW TEST: MASTERING SELF-CONTROL



BRILLIANCE AUDIO, United States, 2014. CD-Audio. Book Condition: New. Unabridged. 170 x 140 mm. Language: English. Brand New. Renowned psychologist Walter Mischel, designer of the famous Marshmallow Test, explains what self-control is and how to master it. A child is presented with a marshmallow and given a choice: Eat this one now, or wait and enjoy two later. What will she do? And what are the implications for her behavior later in life? The world s leading expert on...

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- Authored by Walter Mischel
- Released at 2014



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